



## Work Can Be a Playground, Not a Prison (Professional Edition): Creating Positive Growth in Your Physical and Emotional Work Environment

By Jeff S. Gauer

Work-Playground Press. Paperback. Book Condition: New. Paperback. 222 pages. If you are like most adults, you probably spend more than half of your waking hours at work (and some of us are more awake than others). Yet it is typical for us to dread work work is a four-letter word. Is this any way to spend most of our adult lives For us to enjoy every minute of our days, we need to dissolve our prejudices against work. For this to happen, we must either find work that makes us happy, or we must find a way to become happy in our current work. Work Can Be a Playground, Not a Prison offers a systematic approach to understanding and improving your work environment. This book contains ideas for making your workplace and work tasks more enjoyable and satisfying. The perfect job is elusive. You may accept employment based on salary, opportunity, location, or security (to name a few reasons) but rarely is a job perfect in every way. One of the obstacles to this perfection is that your job is a synthesis of what you bring, what your co-workers contribute, and what your company organization offers. Work Can Be a...



## Reviews

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

This kind of book is every little thing and taught me to looking ahead of time and a lot more. I am quite late in start reading this one, but better then never. I found out this book from my dad and i encouraged this pdf to find out.

-- Justus Hettinger