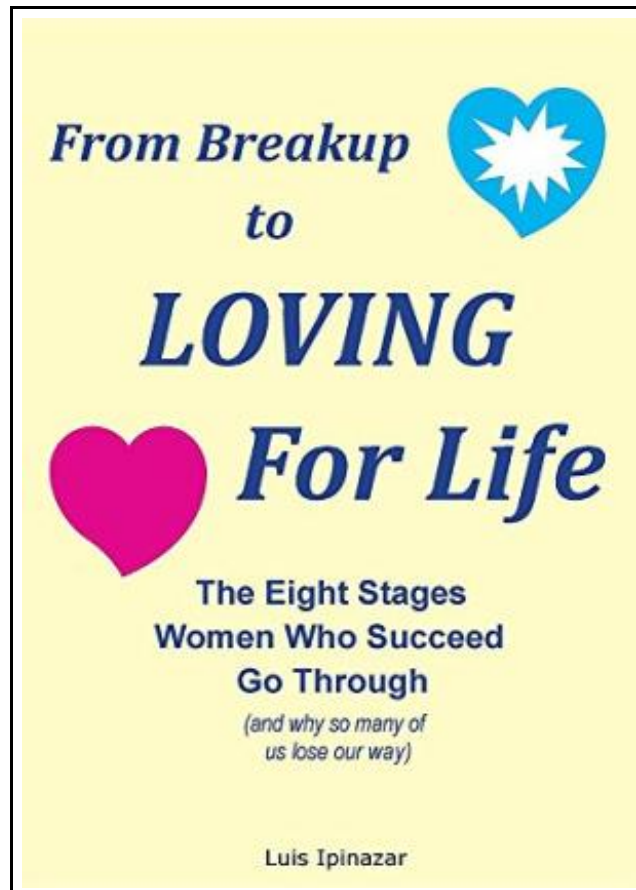


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(Miss Dakota Zulauf)

FROM BREAKUP TO LOVING FOR LIFE: THE EIGHT STAGES WOMEN WHO SUCCEED GO THROUGH (AND WHY SO MANY OF US LOSE OUR WAY)



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Luis Ipinazar, United States, 2016. Paperback. Book Condition: New. 210 x 148 mm. Language: N/A. Brand New Book ***** Print on Demand *****.This 330 pages A5 size book provides professional quality education on love and relationships for fully grown adults, whether they are searching for a partner or have one already. It can improve our capacity to anticipate and understand problems, plan strategy, cope with the pressures, learn from mistakes, increase our confidence, and become surer about which compromises are and aren't worth making. Most important of all, it explains clearly the deeper and often obscure issues that matter most for strengthening a couple's bonds and making it work for life. The author has over twenty five years experience as a relationship therapy specialist. References 1-10, included in the book, present compelling evidence of his expertise and outstanding academic performance. The eight stages are: (1) Adjusting and Surviving: Time for healing solitude and helpful reflection. (2) Exploratory Early Steps: Cautious tentative risks and hurried retreats. (3) The Starry-Eyed Phase: Searching for the man we believe we want. (4) The Perfect Man Muddle: From collisions with reality to growing unease. (5) The Need to Understand: Why established relationships succeed or fail - Examines and explains the deeper and truer reasons involved in terms of personality, self esteem, communication, love and happiness. (6) Searching Competently: How to recognize Mr Rights and Mr Wrongs. (7) Out-Smarting the Trap: Designing and implementing an Action Plan. (8a) Ensuring it Works for Life: Some important things to know and to avoid. (8b) Sex, Love and Monogamy: Needs, wishes, fears, low desire and solutions.

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