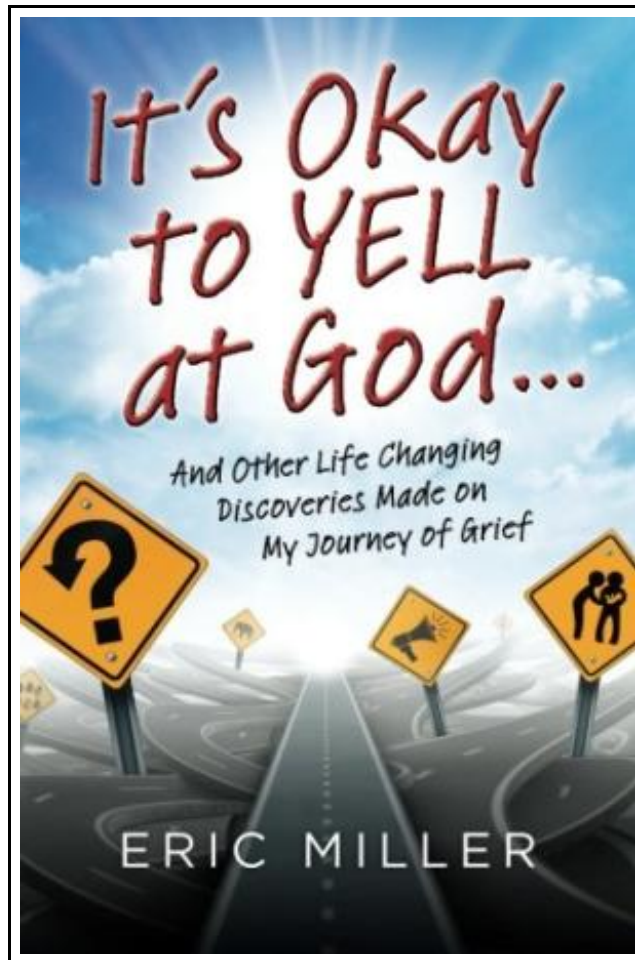


## Its Okay to Yell at God. And Other Life Changing Discoveries Made on My Journey of Grief



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Five Arrow Books. Paperback. Book Condition: New. Paperback. 202 pages. Dimensions: 7.9in. x 5.2in. x 0.6in. After the death of a loved one. . . . . how do you laugh again . . . how do you love again . . . how do you live life again . . . how do you navigate the journey of grief . . . how do you reclaim the dreams you once had Before the death of a loved one. . . . . how do you prepare . . . how do you help others going through grief You start by picking up this book. Why Am I an expert in all things grief and grieving Hardly - far from it. Sure, Im a Bachelors Degree prepared nurse practicing in pediatric oncology - caring for cancer kids - who has had the privilege of helping more than one family through the grieving process. But more than that, I am a father who held his young son as he took his last breath. Little did I know that that last breath would usher in my first step on my personal journey of grief, a journey that continues today. Perhaps you are undertaking that journey right now, even as you read these sentences. Perhaps you know someone who is on this journey. Or maybe you have not yet experienced grief, and are reading this text simply because you are curious why some guy would actually encourage you to yell at God. No matter where you stand in relation to grief, I invite you to stop standing and start walking - take that first step with me. In this book you will be given a front-row seat, a raw and intimate look into the thoughts, feelings, pains and joys of a father...



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